

# Grafton City Hospital

## Community Health Needs Assessment Implementation Plan



2019

## Implementation / Strategy Plan

### *ABOUT US*

Grafton City Hospital (Hospital) is a governmental not-for-profit organization that was created and is owned by the City of Grafton, West Virginia. First opening its doors to the public over 100 years ago, Grafton is a critical access hospital in Taylor County, is committed to providing patient friendly, quality health care to its communities. The Hospital provides a continuum of care that includes acute care services in addition to ancillary services. These services include rural health clinic, cardio-pulmonary therapy, diagnostic imaging, laboratory services, physical therapy and fitness center. The Hospital is essential to the community and continues to explore ways to be effective and efficient in providing necessary healthcare services.

The Community Health Needs Assessment (CHNA) of Grafton City Hospital (Hospital) was conducted to identify health issues and needs of the community. Information from the CHNA will assist key decision makers to make a positive impact on the health of the hospital's service area. The results of the CHNA will enable the Hospital as well as other community providers to collaborate their efforts to provide the necessary resources for the community.

### Key Areas of Opportunity

- Access to Care
- Behavioral Health
- Drug & Alcohol Abuse
- Physical Activity & Nutrition
- Public Health Education

In an effort to better meet the needs of our community, Grafton City Hospital has worked diligently towards improving established services as well as acquiring new ones. One of the needs that was expressed during the last CHNA was the need for access to care, especially for specialty services and Chronic Disease Management. It is difficult for some of our community to travel outside the county for services for a variety of reasons, although lack

of transportation appears at the top of the list. Grafton City Hospital has collaborated with other surrounding facilities to provide additional specialty clinics or have expanded existing clinics here on our campus. Some of the specialty services for Chronic Diseases that have expanded are: Cardiology Clinic, Audiology, and PICC Line (peripherally inserted central catheter insertions) Insertion / Therapy, used in extended antibiotic treatments and long term IV treatment regimens. Our Sleep Lab Services allows for our patients; adult and pediatric, to be evaluated for sleep disorders, such as sleep apnea, but also to be fit and tested for CPAP/BiPAP masks and machines. Sleep studies are scheduled at the state-of-the-art sleep lab on the hospital campus, or in the comfort of the patient's own home as home studies are available for appropriate patients. Grafton's Sleep Lab has been accredited by the American Academy of Sleep Medicine. We have also maintained our established specialty clinics, such as: General Surgery, Nephrology, Pulmonology & Internal Medicine, Podiatry, as well as Neurology & Neurophysiology. This means our community will no longer have to travel out of town and endure traffic and long waits anymore for these services.

Grafton City Hospital continually collaborates with surrounding facilities, such as Mon Health, Davis Memorial, WVU, and UHC, to recruit new services to our campus to provide quality health care to our patients. Grafton City Hospital continues to work collaboratively with Mon General Hospital on a Telemedicine Program, designed to provide clinical healthcare at a distance to better provide for patients in the community. One of the telemedicine services currently being utilized is Telemedicine Psych for the Detox Program patients. GCH will continue to expand telemedicine services as needs arise and resources become available.

Illicit drug use is a recurring issue of concern with many of our community members. The problems of substance abuse involve three levels of intervention: prevention, screening, and detection. These three opportunities require determined, collaborative action involving public health, education, health care, and criminal justice systems at the community level. The hospital will maintain its collaboration and referral network to address patients' needs with regards to addiction and abuse. GCH will continue to provide outreach and education to the residents of Grafton and the surround communities. Grafton City Hospital has recently opened an Inpatient Detox Program for substance abuse. This short-stay, intensive inpatient program readies patients to transfer to a long term inpatient substance abuse program or to transition to an intensive outpatient program at Grafton City Hospital. One of the major components of the outpatient program is intensive counseling and behavioral medicine services. The hospital has also collaborated with WVU

to offer a Medication Assisted Treatment Program to assist with substance abuse, which will begin in the summer of 2019. GCH will continue to evaluate and expand these services as necessary.

To help address the need for additional educational (preventive) programs related to Unhealthy Lifestyles, Grafton City Hospital has implemented Diabetic Education and Weight Loss Education with our Registered Dietician. Grafton City Hospital also has the Tygart Valley Rehab and Fitness Center, with a personal trainer available, to assist with weight loss and health/wellness programs. The Fitness Center also offers a New You Program specifically for children to assist with health and wellness and promotes a life-long healthy lifestyle. The hospital also has two Health Fairs a year to help provide low cost preventive and educational services for those seeking a healthy lifestyle through diet and exercise. The hospital offered its first Children's Health Fair this year and will continue to offer this service at least annually.

With all the changes in procedures, regulations and insurance requirements outlined in the Affordable Care Act, Grafton City Hospital is pleased that not only have we been able to expand, but have not had to cut any services or level of care provided. However, to continue to thrive and remain financially viable, Administration continues to meet and explore opportunities to partner and/or affiliate with other facilities such as Mon Health, Davis, WVU and UHC and will continue to do so.